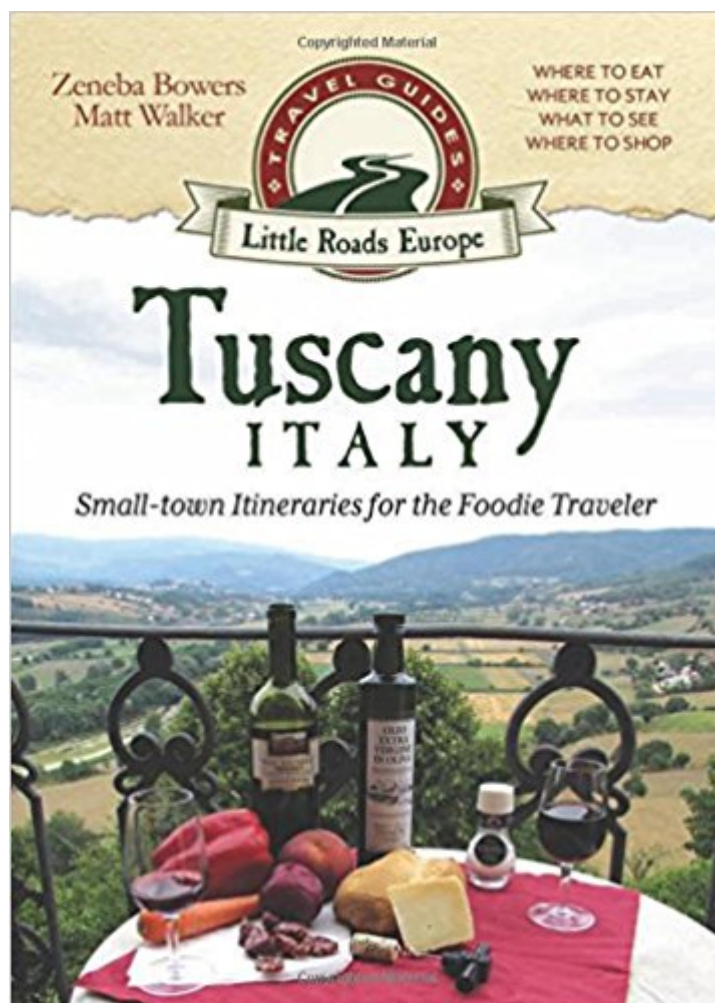


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# Tuscany, Italy: Small-town Itineraries For The Foodie Traveler



## Synopsis

These seven itineraries will guide you along the little roads of small-town Tuscany to some of the best food in the world – to the heart of Tuscan cuisine. Zeneba and Matt invite their readers to come along and explore the breathtaking scenery, the incredible historic sights, the great artwork, and of course the unforgettable food and wine of Italy's most storied region. Their travels are authentic, immersive, memorable, and delicious.

## Book Information

Paperback: 248 pages

Publisher: Little Roads Publishing (January 22, 2016)

Language: English

ISBN-10: 1942545371

ISBN-13: 978-1942545378

Product Dimensions: 5 x 0.7 x 8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 33 customer reviews

Best Sellers Rank: #100,106 in Books (See Top 100 in Books) #15 in [Books > Travel > Europe > Italy > Tuscany](#) #77 in [Books > Cookbooks, Food & Wine > Italian Cooking](#) #142 in [Books > Travel > Europe > Italy > General](#)

## Customer Reviews

Matt Walker and his wife Zeneba Bowers are classical musicians who perform in a symphony orchestra and in ALIAS Chamber Ensemble, and can be found on many recordings, both classical and popular. Their schedules are extremely busy and their days are long; when they travel they are looking for ways to leave their stress-filled stage lives behind and slow down the pace. They like to explore out of the way, 'undiscovered' towns and sights; and they love to find great food and drink close to its source. Walker and Bowers started LittleRoadsEurope.com in the fall of 2013 in order to share their growing body of experiences of off-the-beaten-path European travel.

I can't speak highly enough of this succinct and info-packed jewel of a travel guide. Oriented around a love of food, the guide is intelligently informed by local history and customs, eschewing the "usual" attractions of Tuscany to provide an experience that is authentic and culturally rich. The pictures are personal and wonderful, and the tone and humor of the writing is inviting. All six of these itineraries are now on my bucket list, a much needed antidote to the tourist-trap jaunts I've taken in Italy in the

past. Recommended utterly without reservation.

This is a very readable, well-written book for those who wish to visit less well-known parts of Italy without being in a tour group. The authors' writing style and sense of humor make it seem like you are conversing with them. They do a great job of documenting all the details you'll need to know in order to find adventures, accommodations, and great food in the lovely towns they visited. There are many photos of food, landscapes, and attractions throughout the book. The appendix is especially valuable, with information on passports, driving, money, wi-fi, packing, language, planning the trip and much more. I highly recommend this book, even if you also use it as inspiration and tips for visiting some other parts of the world.

Meticulously written yet decidedly down-to-earth in tone, this fabulous little book succeeds on multiple levels. It is indeed a great practical tool for planning trips to my most favorite travel destination, the country of Italy. As one who has also spent time exploring some of the country's less-touristed regions, I can attest to the quality of the recommendations that the authors make with respect to the villages and towns on the book's itineraries (and the extensive list of restaurant suggestions, all vetted personally by the authors, is most impressive). Beyond the book's practical value, however, what I love about it most is that it evokes perfectly the experience that it encourages the reader to seek: the great joy and beauty that one finds in taking in the ancient rhythm of daily life in Italian towns that do not regularly see tourist visitors. Ultimately, this is what makes the book such a great pleasure to read. I look forward to reading more from *Little Roads* in the future.

Having just travelled 2K kilometers in a week in Tuscany among the hill towns ( a few biggies) I bought this on return, as we will return. It's a little on the light side, giving little in depth. However, it does contain the restarurant in Trequanda which is just as wonderful as described. March in Tuscany is wonderful, very few tourists, temps cool, light wonderful. Ahhhhhhhhhhh. But we New Englanders think 50's is warm!! A book to add to the collection, not to take along.

This book makes me want to jump on a plane immediately and get myself to Italy! The descriptions of each location are vivid and detailed, and I love that the recommendations are off the beaten path. I would much rather see Italy from this perspective. Highly recommended for anyone who wants an immersive, authentic trip to Italy.

This travel guide takes you away from the tourists... it's for you if you want to experience some incredible meals and simple pleasures, enjoying the sights, sounds, and tastes of "old tuscan" and taking your cues from the locals. Reading it makes you so hungry for a countryside picnic or plate of fresh homemade pasta with a hearty sauce your grandmother would die for. (Reading it might be the next best thing to taking a trip to Tuscany!) It is well-written and very clear, and you'll find many helpful suggestions for making a truly special "off the beaten path" trip. The authors' deep love and respect for the people and cuisine of Tuscany really draws you in to this travel guide.

Filled with keen insights from experienced travelers who travel like my wife and I like to. Slowly. Practical and useful tips were provided. We will be traveling to Tuscany in 2 weeks - this book made planning that much more fun, and got us more excited. Can't wait to go! Thanks to the authors. Please write a book about the Friuli region next!

Reading this book while riding in an airplane, I was tempted to change destinations during the layover and take the next flight to Pisa. Here is an example of the authors' approach toward sharing their travel experiences: "...When we ask for due cappuccini, the barista asks, 'Normale, o decorato?' Having no idea what decorato meant, of course we have to try it. The answer was really a treat: each cappuccino is lovingly created by the barista into a unique work of art, using a variety of gel icing and small candies. All that decoration does nothing for the taste of the coffee, but watching the effort and seeing the result is an artistic adventure." Highly recommended, whether or not there is a trip to Tuscany on the horizon.

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